



SPECIALTY CLINICS

Residents provide patient care in the following specialty clinics under the direct, one-on-one supervision of a faculty member.

BEHAVIORAL HEALTH CLINIC:

The Behavioral Health Clinic provides the full range of mental health services, including counseling and medication management, to patients at the Family Medicine Center. Services are provided by resident physicians under the supervision of a licensed psychologist and board certified family physicians. Depending on the nature of the concerns, counseling may be conducted on an individual, couple/marital, or family basis. Some common concerns addressed in the clinic include: depression, anxiety, bipolar disorder, panic disorder, ADHD, child behavioral management and marital and family concerns.

GERIATRIC CARE CLINIC:

The Geriatric Care Clinic provides a range of services that focus on the special needs of older adults. These services include, but are not limited to:

- Welcome to Medicare Preventive Visits
- Medicare Annual Wellness Visits
- Medication Reviews
- Dementia Screening
- Functional Assessments
- Depression Screenings
- Immunization Updates
- Discussion of Advanced Directives

Our faculty geriatrician works in coordination with the residents to provide high quality care specific to the needs of each individual patient.

OBSTETRICS & GYNECOLOGY CLINIC:

The Obstetrics & Gynecology Clinic offers our patients comprehensive prenatal, post-partum and gynecological care for women of all ages. Our physicians provide compassionate, confidential care for sensitive women's health issues including the performance of many minor gynecologic office procedures. Residents have the opportunity to follow patients throughout the course of their pregnancy with and Labor & Delivery care is provided in the modern LDR (Labor/Delivery/Recovery) suites at Heritage Valley Beaver. Additionally, all appointments are supervised by experienced Board Certified OB/GYN physicians allowing for immediate surgical consultation when necessary.

OMT CLINIC:

Osteopathic manipulative treatment, or OMT, is hands-on care. It involves using the hands to diagnose, treat, and prevent illness or injury. Osteopathic manipulative treatment is appropriate for patients of all ages. OMT can be used to treat patients with a variety of problems including: ankle sprains, back pain, abdominal pain, carpal tunnel syndrome, URIs, CHF, constipation, ear infections, headaches, knee pain, neck pain, dysmenorrhea, rib pain, shoulder pain, sinus infections and TMJ.

MUSCULOSKELETAL CLINIC:

The Musculoskeletal Clinic provides care to patients from the Family Medicine Center with acute or chronic musculoskeletal complaints. This Clinic depends on referrals from within the Family Medicine Center and provides on-site care for patients, who for a variety of reasons, may prefer to stay in Beaver Falls for their care. Radiology and bracing services are available. Residents on the Orthopedics rotation will rotate through this clinic and provide care under the supervision of one of the Primary Care Sports Medicine physicians. Emphasis is placed on learning musculoskeletal physical exam skills for the shoulder, elbow, hand and wrist, hip, knee, ankle, cervical spine and lumbar spine. Residents also learn a diagnostic approach to common musculoskeletal problems in primary care. Proper indications for joint and soft tissue injections will be discussed with the opportunity to perform these injections when indicated. This experience is complementary to the rotations in Sports Medicine and Orthopedics.

PROCEDURE CLINIC:

The Procedures Clinic operates to provide patients access to clinical procedures that can be performed in the physician office setting. Performing procedures at the Family Medicine Center gives patients more timely access to care without having to go to the hospital or wait to see a specialist. Among the procedures performed at the Procedure Clinic are: skin biopsy, cyst removal, mole removal, skin tag removal, ingrown toenail removal, laceration repair, abscess - incision and drainage, joint and bursa injections, cryotherapy (freezing) of skin lesions, injections to minimize acne or keloid scars, trigger point injections for chronic muscle spasms, and IUD insertion and removal.

PODIATRY CLINIC: *(optional resident participation)*

The Podiatry Clinic operates to provide comprehensive foot care for patients of all ages. Staffed by board certified podiatrists, the Podiatry Clinic allows patients more timely and convenient access to foot care. A variety of conditions are addressed including: diabetic foot care, complete nail care, heel pain, bunions, hammer toes, corns/callouses, warts and flat feet.

ADDITIONAL PATIENT RESOURCES:

In addition to the above Specialty Clinics where care is delivered by resident physicians, the Family Medicine Center also provides the following services for our patients:

- Pharmacist
- Social Worker
- Diabetic Nurse Educator
- Registered Dietician
- Lab draws
- X-rays