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**HERITAGE VALLEY**  
**HEALTH SYSTEM**

# LOW DOSE CT LUNG SCREENING

## Why get screened for lung cancer?

- Lung cancer causes more deaths than any other cancer.
- Tobacco smoking is the biggest risk factor for lung cancer.

## Am I at risk for lung cancer?

Risk factors include:

- Tobacco smoking
- Contact with radon
- Contact with asbestosis
- Family history of lung cancer
- Having other lung diseases

## Should I be screened now?

The goal of cancer screening is to find lung cancer when treatments will work best.

## Which test is used for lung cancer screening?

Using a spiral LDCT (low dose computed tomography) of the chest is best. The amount of radiation used is much lower than standard doses in CT.

## What is the screening process?

Screening with LDCT is used to find nodules in the lungs. Nodules are small, round masses of tissue. Nodules can be caused by cancer, scar tissue or other conditions. Baseline tests are a starting point to which future tests are compared. Follow up procedures will be based on findings from your exam.

## What are False-Positive Results?

Findings which are not cancerous, may lead to follow-up exams.



## When will I get my results?

Your results will be sent to your physician electronically. Additionally, your results are available on Health Link and will be sent to you in the mail.

## Are Smoking Cessation classes available?

Please consider our Smoking Cessation classes which are available to you at Heritage Valley Health System. A list of classes is available on our website at [www.heritagevalley.org](http://www.heritagevalley.org).



## Lung Cancer Alliance (LCA)

has named Heritage Valley Beaver and Heritage Valley Sewickley Screening Centers of Excellence.