

SHARON R. ROSEMAN, MD

Practice Limited to Gastroenterology

701 Broad Street, Suite 411

Sewickley, PA 15143

(412)749-7160 • Fax (412)749-7388

www.heritagevalley.org/sharonrosemanmd

Information Regarding Your Procedure

PLEASE REMEMBER TO BE FLEXIBLE THE DAY OF YOUR SCHEDULED PROCEDURE. DUE TO CANCELLATIONS, YOU WILL BE ASKED TO CHANGE THE TIME OF YOUR APPOINTMENT.

1. Return your registration packet to our office prior to your procedure in order to pre-register for your appointment. We also need a copy of the front and back of your insurance card(s). You may fax these papers (front and back) to the office (412) 749-7388 and bring the originals with you to your procedure.
2. You will be able to work the day before your procedure. You will begin a clear liquid diet the day before your procedure after a light breakfast. Your prep will start at 7:00PM.
3. If you take any blood thinners other than Plavix or aspirin such as Coumadin, warfarin, Xarelto, or heparin, special instructions should have been made for you. If special instructions have not been made, **call the office immediately.**

Do not stop taking aspirin or Plavix (clopidogrel). You may take your usual morning medications with a small sip of water.

If you take iron, stop taking it five (5) days prior to your procedure.

4. We offer you a choice of preparations for your colonoscopy. Please take all preps to your pharmacy in order to find out which one(s) your insurance will cover. **ONLY FOLLOW ONE PREP.** Read each prep carefully and make your decision as to which one you would like to use.

Depending upon the prep you choose, you may need to purchase additional over-the-counter products such as Dulcolax tablets and/or Magnesium Citrate. Each prep is slightly different.

Carefully follow the instructions given to you by the office. **DO NOT** follow the instructions that come with the prep kit. Cut the prescription off the instructions to give to the pharmacy. **KEEP THE INSTRUCTIONS FOR YOURSELF.**

5. You will need to have a driver accompany you the day of your procedure. Your driver will need to remain in the building the entire time you are there (approximately 2 hours). If you do not have a driver, you will need to reschedule your appointment.

6. If you are **diabetic**, please follow these additional instructions:

The Day Before Your Procedure: You will need to take ½ the normal dose of your morning sugar pills and/or insulin. ★ If you take an evening dose of Lantus insulin, **DO NOT** take this medication unless otherwise instructed by the doctor managing your diabetes.

The Day of Your Procedure: **DO NOT** take any of your diabetic medications the day of your procedure. Dr Roseman will instruct you after your procedure on resuming your medication.

7. If you have not had a bowel movement by 11:00PM the night before your procedure, please call the answering service at 412-749-7160 (our office number answers 24hrs. a day) and have Dr. Roseman paged.

8. Bring all of your medications with you the day of your appointment.

If you are scheduled at Heritage Valley Sewickley, report directly to the 4th floor outpatient surgery department.

Should you have any further questions after reading your prep instructions, please feel free to contact the office at 412-749-7160.