

Having your knee or hip replaced can be a confusing process.

That's why we help make it easier to understand with:

Ohio Valley Hospital's Orthopedic Class



It's a class held JUST for orthopedic patients about to have joint replacement surgery. You are encouraged to bring a family member or friend who can help you along with the process.

Classes are held twice a month, on the 1st Tuesday and 3rd Thursday at Ohio Valley Hospital. Additional times may be available as needed.

There is NO cost to attend; our class is just one of the many benefits to having your surgery performed at Ohio Valley Hospital's new state of the art Orthopedic Unit!

Our instructors have several years of combined experience taking care of orthopedic patients through both nursing and occupational therapy.

Every patient will leave our class with a comprehensive guide on the entire Orthopedic surgery process; from preparing for surgery, to a timeline of the day of your surgery, and recovery tips and tricks.



Designated
BlueDistinction®
Center+
Knee and Hip Replacement

Ohio Valley Hospital's pre-operative education classes offer patients a guide on what to expect before, during and after your joint replacement surgery. We offer helpful tips on preparing your home for your recovery period, controlling risk factors, preventing complications, and above all else, providing you with information about your pathway to recovery.

These classes give you an opportunity to network with other patients and ease your anxiety level about your upcoming surgery. It allows you to meet the staff and take a tour of our facility.

To find out more information or to schedule a pre-education class, please call Elizabeth Colonna at 412-777-6772.

About Our Instructors:

Elizabeth Colonna is the Director of the Outpatient Orthopedic Program and of the Acute Rehabilitation Unit. She graduated from La Roche College in 2015 with her MSN Degree in Nursing Administration.

Michelle Smith-Lucas is an Occupational Therapist. She graduated from Ohio State University and has been practicing occupational therapy since 1986. Her therapy background is very diversified, with a focus on post-work injury rehabilitation and inpatient orthopedic rehabilitation needs.



25 Heckel Road • Kennedy Township, PA 15136

For more information about our Orthopedic Unit, please visit our website at: www.ohiovalleyhospital.org