Stephen Hagberg, M.D.
Program Director

Dr. Stephen Hagberg received his Doctor of Medicine degree from Temple University School of Medicine and subsequently served in the U.S. Air Force for six years that included one tour of duty in Iraq during Operation Enduring Freedom. Following his Air Force commitment, he joined the faculty of the residency program while completing a Faculty Development Fellowship at Michigan State University and then transitioned into the role of Program Director. His special areas of interest in medicine include office procedures and maximizing the efficiency of the Electronic Health Record. Dr. Hagberg is privileged to lead such a talented faculty that delivers world class training to our residents.

Lindsay Heiple, D.O.
Osteopathic Program Director

Dr. Heiple graduated from Canisius College in 2009 with a B.S. in Biology and a minor in music. She attended Lake Erie College of Osteopathic Medicine and earned her medical degree in 2013. She is a graduate of the Heritage Valley Family Medicine Residency Program in 2016, where she served as the chief resident in her last year. She also completed a Targeted Area of Concentration in Faculty Development, and will be further enhancing her education skills by completing a Master’s degree in Medical Education. She joined the residency program as a faculty member upon graduation. Dr. Heiple’s area of interest includes the integration of Osteopathic medicine and principles into daily practice and she looks forward to maintaining this as a focus of what she teaches residents and students.

Paul F. Bell, Ph.D.
Behavioral Science Director

Dr. Paul F. Bell is a licensed psychologist and full time faculty member of the residency program. As Director of the Behavioral Science curriculum, he trains resident physicians in behavioral medicine, disease prevention, communication and counseling skills, and recognition and treatment of psychological / psychiatric conditions. His clinical and research interests focus on interprofessional education and collaboration, and behavioral health integration in primary care.

Vikram Arora, M.D.
Associate Director

Dr. Vikram Arora is Research Director and Associate Program Director of the residency program. He received his MPH degree from the Graduate School of Public Health at the University of Pittsburgh. Dr. Arora’s clinical interests include physician patient communication, evidence based medicine and efficient utilization of information technology resources for advancement of patient care. In addition to being full time faculty, Dr. Arora is actively involved in resident research, web based curriculum, conducting interactive workshops, and resident evaluations.
Quynh Chu, M.D.
Associate Director

Dr. Chu finished her residency training at The Institute for Family Health, Mid-Hudson Family Medicine Residency Program in New York. After residency, she joined UPMC St. Margaret Faculty Development Fellowship Program. Through her fellowship training, she practiced as a junior faculty in various clinical settings. Her area of clinical interest is medication-assisted treatment (MAT) for opioid use disorder. She has witnessed the rewarding impact of MAT on her patients and their families, and looks forward to transfer her clinical experience to future medical students and residents. In her free time, she loves creative writing. She also enjoys outdoor activities and quality time with her family.

Jonathan McKrell, M.D.
Associate Director

Dr. Jonathan McKrell is a graduate of the University of Pennsylvania and the University of Pittsburgh School of Medicine. He brings a wealth of knowledge and experience to the residency program and directed a sports medicine fellowship program prior to returning to his roots in Western Pennsylvania and joining Heritage Valley. Among his many contributions to the residency program is establishing a sports medicine curriculum and specialty training track.

Jarod Stragand, D.O.
Geriatrics Director

Jarod Stragand, D.O. is a 2002 graduate of Washington and Jefferson College. He went on to receive his Doctor of Osteopathy from the Philadelphia College of Osteopathic Medicine. He completed his residency training at Heritage Valley Family Medicine in 2009 and began working with Trinity Family Practice in Chippewa. His passion for Geriatric Medicine was established early on in practice and it has continued to flourish. He now brings that training to the current residents at Heritage Valley Family Practice.

Sea-oh McConville, D.O.
Family Medicine/POCUS/Women’s Health Director

Dr. Sea-oh McConville attended Oregon State University and graduated with a B.S. in Biology with a minor in Chemistry and concentration in Marine Science. She attended Western University of Health Sciences - College of Osteopathic Medicine in the Pacific Northwest, where she received her medical degree in 2016. She is a graduate of the University Hospitals St. John Family Medical Residency, where she served as chief resident, and was a two time recipient of the Brian Hollod Patience with Patients Award for Compassionate Care. She joined the HVHS Family Residency Faculty in 2020 and is currently working toward Certification with a Concentration in Faculty Development. Dr. McConville is passionate about practicing the full spectrum of Family Medicine, and especially interested in longitudinal women’s health, outpatient procedures, point of care ultrasound (POCUS), and promotion of evidence-based patient-centered care.
Kevin Dumpe, M.D.  
**OB/GYN Director**

Dr. Kevin Dumpe is a board certified Obstetrician / Gynecologist and is the longest tenured member of the faculty. He graduated from Allegheny College and Hahnemann Medical College and served as Chief Resident at Pittsburgh's Western Pennsylvania Hospital. He joined the residency faculty after serving in the U.S. Air Force where he was his hospital's Chief of Surgical Services and a certified Flight Surgeon. He has served as the Director of OB/GYN Training since 1990. Office gynecologic and prenatal care as well as delivering babies has traditionally been an important component of Family Medicine. Although the majority of our graduates ultimately do not exercise the option of doing obstetrics, this training also prepares them to deliver solid primary care medicine to women throughout the stages of their lives.

James Lauer, M.D.  
**OB/GYN Faculty**

Dr. Lauer received his medical degree from Georgetown University School of Medicine and completed his residency training in obstetrics / gynecology at Georgetown University Hospital where he served as Chief Resident. Dr. Lauer also served 4 years in the Air Force before joining the faculty. His many contributions to the residency program include providing training in maternal wellness, obstetrics, gynecology, and comprehensive women's health.

Robert Deacon, M.D.  
**Pediatrics Director**

Dr. Robert Deacon graduated from Brown University and the Medical College of Pennsylvania. He and his 12 partners comprise Heritage Valley Pediatric Associates and provide the full range of pediatric medical training in hospital and outpatient settings to the family medicine residents. Heritage Valley Pediatric Associates, one of the largest pediatric practices in Pennsylvania, has been affiliated with the family medicine residency program since its inception in 1979.
Autumn Stewart-Lynch, PharmD, BCACP, CTTS

Dr. Stewart-Lynch is a 2004 graduate of the Duquesne University, School of Pharmacy. She completed a Community Practice Pharmacy Residency and has since worked in a variety of settings as a clinical pharmacist including end-of-life care and a free health care center for the medically underserved. In 2008, she became a full-time clinical faculty member in the Duquesne University, School of Pharmacy and in this role has developed clinical pharmacy services at the Heritage Valley Family Medicine Center. Dr. Stewart-Lynch enjoys mentoring students and developing pharmacy practice models focused on interprofessional learning and patient-centered collaborative care.

Jessica Duca, MSS
Licensed Social Worker

Jessica graduated from Geneva College in 1999 with a B.A. in Sociology and went on to complete her Master’s of Social Service at Bryn Mawr College’s School of Social Work and Social Research in 2006. For 10 years, she worked in the fields of foster care, child care assistance and advocacy, and behavioral health. Jessica began medical social work at UPMC Shadyside on the stem cell transplant and oncology units and then transitioned to Heritage Valley Beaver as a social work case manager in 2011. Jessica joined the Family Medicine staff in addition to her acute care work several years ago. Areas of focus are decreasing unnecessary hospitalizations and emergency room visits, increasing support and resources for patients, and helping patients obtain insurance coverage.