



HERITAGE VALLEY
FAMILY MEDICINE
RESIDENCY PROGRAM

Community Outreach - Schools:

Tar Wars - A tobacco-free education program for fourth- and fifth-grade students. The program is designed to teach kids about the short-term health effects of tobacco use, the cost associated with using tobacco products, and the advertising techniques used by the tobacco industry to market their products to youth.

Reality Tour - An innovative drug prevention program for parents and children. Reality Tour is an evening filled with dramatic presentations and opportunities to learn about the consequences of substance abuse while fostering improvement in family communication skills.

Sex Education - A comprehensive high school health education curriculum that addresses physical, mental, emotional and social dimensions of human sexuality and is designed to motivate and assist students to prevent disease and reduce sexual health-related risk behaviors

Puberty/Hygiene Education - An educational curriculum for 4th and 5th grade students that summarizes the physical and emotional changes that occur during puberty and reviews necessary modifications in hygiene practices that result from pubertal changes.

School/Sports Physicals - Residents and faculty perform over 500 free physicals annually to low income students in our community.