

Implementation Strategy Action Plan

Ohio Valley Hospital (OVH) is committed to achieving the “triple aim:” Improved health, through better quality of care, at a lower cost. To that end; to address the needs of the community, OVH is committed to the following strategies listed below. Per IRS requirements that the implementation strategy must include a financial budget, the proposed implementation strategy budget for OVH over the next three years is \$338,000, broken out by goals – Goal 1 has a proposed budget of \$210,000 over three years and Goal 2 has a proposed budget of \$128,000 over three years.

Goal 1: Improve health status through chronic disease and care management across the continuum, especially as it relates to Diabetes, Cardiovascular Disease and Mental Health

1. Continue offering Diabetes programs to the community
 - a. Annual Diabetes Day
 - i. Speakers
 - ii. Free health screenings, including: bone density scans, foot screenings, blood glucose, blood pressure, height, weight, body mass index, body fat analysis and A1C testing
 - iii. Offer Diabetic information through vendors
 - b. Living Well with Diabetes Classes
 - c. Diabetes Support Group
 - d. Pre-Diabetes Classes in partnership with the Western Area YMCA
 - e. Continue to promote wound care health for those persons with Diabetes
2. Promote chronic disease management services to increase utilization:
 - a. Nutrition Programs
 - b. Diabetes Programs
 - c. Cardiac Rehab Programs
 - d. Pulmonary Rehab
 - e. Continue to provide educational materials (including information guide on various chronic diseases) at health fairs and other public events
 - f. Geropsych and outpatient psych
3. Continue to offer health/wellness activities
 - a. Annual Community 5K
 - b. Continue offering nutrition and healthy eating classes
 - c. Investigate partnerships with FOR and the Western Area YMCA regarding nutrition and exercise programs
 - d. Continue funding of Western Area YMCA after school nutrition program
4. Institute smoking cessation program
 - a. Smoking cessation classes for employees and the community
 - b. Transition OVH campus to a smoke-free campus
5. Continue to work on keeping the readmission rates for chronic disease low from year to year
6. Continue to offer the following chronic disease education classes
 - a. Cardiac Rehab Classes
 - b. Pulmonary Rehab Classes
 - c. Seniority Group monthly meetings
7. Continue to offer some form of Population Health Provider meetings
8. Continue OVH’s Health Care at Home Partnership
9. Promote and increase Mental Health Services
 - a. Investigate becoming a Center of Excellence for mental health and nutrition
 - b. Continue working with the mental health provider group
 - c. Investigate partnering with a Designated Collaborating Organization - Chartiers and Mercy Behavioral Health (create a referral system for those patients not served by OVH)
 - d. Continue to lend support for Mental Health Awareness Week
 - e. Continue to participate in mental health fairs

Goal 2: Increase education and awareness of services provided by OVH to its primary service area, as well as improved access to OVH services

1. Increase awareness of access to OVH medical campus through OVH’s transportation vans
 - a. Purchase 1 additional transportation van
2. Research what outside materials for health are given/offered to patients upon discharge from the Emergency Department
 - a. Create education folders with OVH information and information of shared resources
 - b. Create a patient information guide of all services available in the primary service area
3. Continue to participate in community health fairs by offering the following and creating testing cards for participants to keep track of their readings from test to test
 - a. Work with IT to create a tracking program in OVH’s computer system
 - b. Flu shots
 - c. Bone density tests
 - d. Blood pressure screening
4. Investigate becoming a certified medical home
5. Add an education piece to employee orientation focusing on services offered by the hospital to better equip employees to understand and refer to OVH services
6. Continue working with the Rotary through the Willows and OVH to promote health care initiatives
7. Continue to offer health care information and speakers to residents of Willows
8. Expand primary care to promote nutrition, smoking cessation and psychological screenings