



HERITAGE VALLEY

FAMILY MEDICINE RESIDENCY PROGRAM

About the Program

The Heritage Valley Family Medicine Residency Program at Heritage Valley Beaver was accredited in 1979 and is affiliated with the University of Pittsburgh School of Medicine and the Lake Erie College of Osteopathic Medicine. The program emphasizes procedural skills as well as extensive internal medicine and geriatric training. Residents experience the full spectrum of family medicine, including taking care of newborns and managing complicated patients in the intensive care unit.

Heritage Valley's Family Medicine Residency Program is unopposed and conducted in a large and advanced health care facility. Consequently, our residents do not have to compete for patients, procedures or deliveries and, with the exception of the opportunity to train at Children's Hospital of Pittsburgh, are able to complete all rotations within the system. The outpatient training component occurs at the Family Medicine Center in Beaver Falls, PA. The program embraces the

Clinic First philosophy utilizing a unique 2+2 curriculum structure that enhances continuity of care for residents and prioritizes training in the Family Medicine Center. At the center, residents provide comprehensive medical care, including Point of Care Ultrasound, for many of the underserved patients in the region, exposing residents to exceptional training in ambulatory medicine.

More than 200 residents have graduated from Heritage Valley's Family Medicine Residency Program which is approved to accommodate six residents each year. The new, 13,000 square-foot, state-of-the-art Family Medicine Center is equipped to train the new generation of family medicine residents with access to a system wide electronic health record (EHR) system.



Curriculum

The three-year Heritage Valley Family Medicine Residency Program consists of a combination of patient care and teaching. The program provides training at Heritage Valley Beaver, the Family Medicine Center, formal conference settings, and in the community. The teaching and supervision of residents is primarily the responsibility of the program's faculty. The faculty includes family physicians, obstetricians, pediatricians, and a psychologist. Volunteer faculty, representing all specialties, provide additional academic and bedside instruction.

A comprehensive three-year didactic lecture/workshop series has been designed for residents to ensure that all current and important topics are covered. There are a number of unique teaching opportunities that take place in the ambulatory setting. Working one-on-one with dedicated preceptors, residents develop expertise in the Behavioral Health, Procedure, Osteopathic Manipulation, Sports Medicine, Medication Assisted Treatment (MAT), and Reproductive Health clinics. Residents are encouraged to create their own Targeted Resident Area of Concentration (TRAC) to tailor their residency education to meet their unique learning goals. Residents also participate in research projects and present at our regional Family Medicine Research Day. Additionally, in order to encourage scholarly activity, the program covers all expenses for any resident selected to present at a regional or national conference. resident selected to present at a regional or national conference.



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Electives

One of the program's strengths is the wide variety of elective experiences available to residents. Electives outside of our health system are also available and can be arranged on an individual basis.

- Adolescent Medicine
- Alcohol/Drug Abuse
- Ambulatory Surgery
- Cardiology
- ENT
- Gastroenterology
- Geriatrics
- Hematology / Oncology
- Hospice Care
- Infectious Diseases
- International Medicine
- Nephrology
- Neurology
- Nutrition
- Occupational Medicine
- Orthopedics
- Outpatient Pediatrics
- Pain Management
- Physical Therapy
- Plastic Surgery
- PM&R
- Psychiatry
- Pulmonary Medicine
- Radiology
- Rheumatology
- Sports Medicine
- Urology
- Women's Health
- Wound Care

Benefits and Salary

Program Benefits:

- Twenty (20) days of Paid Time Off (PTO) plus seven holidays
- \$2,000 Continuing Medical Education (CME) allowance per year
- Five (5) CME days for PGY-2 and PGY-3
- Two (2) Wellness days per year
- Interview time: 3 days for PGY-3
- Food allowance: \$1,800 per year
- Monogrammed lab coats
- Paid training and license fees
- BLS, ACLS, PALS, and NRP courses provided
- Payment of AAFP, PAFP, BCMS, AOA, ACOFP, POMA and AMA dues
- Payment of Board Exam fees (ABFM and ABOFP)
- iPad and Online subscriptions to educational resources

Hospital Benefits:

- Malpractice, Life, and Disability insurances
- Healthcare, Dental and Vision insurance
- Retirement Savings Plan
- Credit Union
- Free Parking
- Scrubs
- Discounted Fitness Center Membership

Salary:

First Year:	\$55,150
Second Year:	\$57,730
Third Year:	\$61,000
Chief Resident:	\$1,800 additional/year



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Additional Monetary Benefits:

Continuing Medical Education (CME):	\$2,000 per year
Food allowance:	\$1,800 per year
Paid training and license fees:	\$3460
PA Medical training license, Unrestricted PA license, USMLE/COMLEX Step 3, ABFM Board exam, AOBFP Board exam (DO only)	
Payment of professional membership dues:	\$450
AAFP, PA Medical Society, Beaver County Medical Society, AOA (DO only), AOBFP (DO only)	
Fitness center membership:	\$360 per year
Matching 403b contribution:	\$1730 per year (average)
Total over 3 years:	\$21, 580

On Call

All residents utilize a night float system for weekday call. A faculty physician is available at all times to provide necessary support, including telephone consultation and in-house assistance.

Applying To Our Program

It is the policy of the Heritage Valley Family Medicine Residency Program to follow procedures for recruitment and appointment of residents that comply with the Accreditation Council for Graduate Medical Education (ACGME) and the American Osteopathic Association (AOA) educational qualifications and selection requirements. Eligible applicants will be selected on the basis of their preparedness and ability to benefit from the program, as well as aptitude, academic credentials, and ability to communicate.

For detailed information on applying to the program, please visit our website at www.heritagevalley.org/FMR or contact our program coordinator:

Holly Hayes, Administrative Specialist hlbuckins@hvhs.org | 724-773-8995



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Clerkships

Two or four- week clerkships are available in:

- Family Medicine
- Obstetrics/Gynecology

Students must be enrolled in an AOA- or AMA- approved medical schools.

Clerkships consist of inpatient and outpatient experiences with senior residents and faculty. Students have the opportunity to evaluate patients, formulate diagnoses and therapeutic plans, and participate in procedures under the direction of an attending physician. Students are encouraged to take a primary role in the care of their patients. ***Living accommodations and food allowances are provided.***

For more information, please contact:

Penny Kravos
Medical Student Clerkship Coordinator
pkravos@hvhs.org
724-773-8980

