



Innovative changes have been made to the curricular structure of the residency program. The didactic curriculum was completely redesigned several years ago. Most formal didactics have been moved to an educational block of time on Friday afternoons that we call **PGY Fridays**. (We do, however, continue to have morning lectures on Thursdays to allow for didactic sessions from specialists that are unable to attend on Friday afternoons.) While the COVID-19 pandemic changed the delivery of these lectures to a virtual format on Zoom, we are excited to resume in-person lectures and workshops this academic year! The programming for **PGY Fridays** is divided into shorter educational segments with a variety of transitions between segments aimed at maintaining the attention of the residents. While retaining the traditional lecture and hands-on procedural topics delivered by Family Medicine faculty and various other specialists, there is also a 30-minute board review session at each workshop. Resident comradery is encouraged through friendly team competitions at most workshops.

Procedural workshops during **PGY Fridays** cover a variety of inpatient and outpatient procedures such as central line placement, joint injections, skin biopsies, abscess I&Ds, excision of subcutaneous lesions, laceration repair, IUD insertion/removal, Nexplanon insertion, and endometrial/cervical biopsies...just to name a few.

Two Board Review workshops occur during **PGY Fridays** to assist residents in preparation for the annual In-Training Exam in October and their Board Certification exams in April. The friendly team competition heats up during these themed workshops as residents work to earn points for their team. Winning teams earn prizes and bragging rights for the year!

Finally, residents have access to online curricular elements such as NEJM Resident 360, Core Content for Family Medicine, Challenger for Residency and interactive online EKG modules.