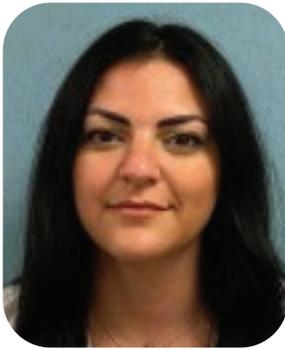




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HERITAGE VALLEY
HEALTH SYSTEM

PGY-1



Lamis Khalil, MD

Hometown: Southfield, Michigan

Undergraduate: American University of Beirut

Medical School: Lebanese American University School of Medicine

"I knew I wanted to be part of the Heritage Valley Family Medicine team as soon as I interviewed there! Even though this year's interviews were virtual, the residents and physicians displayed a palpable sense of community and positive work environment; they were all warm-hearted, compassionate and showed genuine interest in my experiences. They made me feel at home! What attracted me the most were their TRACs that would allow me to tailor my training to fit my areas of interest. I was confident I would get a well-rounded residency training there that would help me achieve my professional goals."



Nicholas Lieb, DO

Hometown: Harrison City, PA

Undergraduate: Saint Vincent College

Medical School: Lake Erie College of Osteopathic Medicine – Bradenton

"I was interested in completing a residency at Heritage Valley for many reasons. Heritage Valley is close to my hometown, and I feel personal ties to the greater Pittsburgh area. The residency program appealed to me because of its well-rounded training opportunities in Family Medicine as well as its options to focus on tracks such as Sports Medicine or Palliative Care. It was evident during my interview that the program fostered a good sense of community and well-being among the residents."



Jared Maurer, DO

Hometown: Julian, PA

Undergraduate: Pensacola Christian College

Medical School: Edward Via Virginia College of Osteopathic Medicine

"Heritage Valley was appealing to me because their program offered great educational opportunities in a community hospital setting. I was also drawn by the opportunity to pursue my interests in Sports Medicine and OMM while in residency. During my interview, the faculty, staff, and residents were so kind and welcoming, and I knew that it was the kind of environment that I wanted to join."



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Saniya Niazi, MD



Hometown: Karachi, Pakistan

Undergraduate: BAMB PECHS Govt College for Women

Medical School: Karachi Medical and Dental College

"I chose Heritage Valley, as not only it offered an unopposed program that would diversify my learning experiences; it also provided the richness to personalize my training through TRACs. On my interview day, I was thoroughly impressed with the Program's cultural dexterity, inclusiveness, and how passionately the faculty, residents, and staff all comes together as a team to serve the community. As this was not enough, the Program statement, "Program As Unique As You" confirmed the intellectual alignment of our vision for professional growth. I knew I will choose Heritage Valley every time over any other program."

Jon D. Nicassio, DO



Hometown: Harrison City, PA

Undergraduate: The University of Pittsburgh at Greensburg

Medical School: West Virginia School of Osteopathic Medicine

"When choosing a residency program, I was looking for a program that was friendly, compassionate, hardworking, and supportive to their residents, employees, and staff. I quickly learned from my rotations at the Heritage Valley Beaver Campus, that the program had all of these traits I was looking for. I loved how supportive and knowledgeable everyone was. I knew that I would receive the best training in Family Medicine."

Michael R. Thomas, DO



Hometown: Pittsburgh, Pennsylvania

Undergraduate: Saint Vincent College

Medical School: Lake Erie College of Osteopathic Medicine

"I was initially interested in Heritage Valley because I wanted to attend a good program that was close to home. I was really impressed during my interview as everyone was very welcoming and friendly. I was happy to learn that I could pursue my interest in Behavioral Health at Heritage Valley. After I came for a second look, I realized this was a great community that I wanted to be a part of."



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HERITAGE VALLEY
HEALTH SYSTEM

PGY-2



Sana Borda, MD

Hometown: Riverside, CA

Undergraduate: University of California, Riverside

Medical School: American University of the Caribbean

"I was interested in Heritage Valley because I was looking for an unopposed program that would maximize my learning experience throughout residency. After the interview, I knew this was where I wanted to be. I met with several residents, faculty and staff and found that everyone was friendly, open and helpful in answering my questions. I love the family feel of the program and I know I will be supported in reaching my goals, while growing personally and professionally. This is truly an ideal program and I am excited to be a part of the family!"



Smruthi Devalaraju, MD

Hometown: Miramar, FL

Undergraduate: University of Florida

Medical School: St. George's University School of Medicine

"I was drawn to Heritage Valley during my interview process because the staff, residents and faculty showed genuine interest in my experiences. I wanted to be part of a program that is compassionate and has positive work environment, which was evident during the interview. I loved that it is an unopposed program with flexibility of tailoring my training according to my personal interests. I felt welcomed by everyone and was convinced I would get extensive training in all aspects of Family Medicine."



Anh-Dao Lee, DO

Hometown: St. Clairsville, OH

Undergraduate: Wheeling Jesuit University

Medical School: Ohio University Heritage College of Osteopathic Medicine

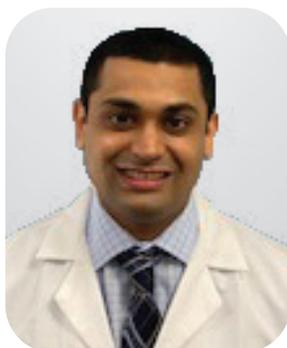
"I knew Heritage Valley was the program for me right after my interview! I could instantly see myself growing and learning in the supportive environment. They have good class sizes, attending physicians that are passionate about medicine, and the ability to focus on your own areas of interest within Family Medicine. The surrounding area also has a friendly sense of community that makes you feel right at home."



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HEALTH SYSTEM

Akulkumar Patel, MD



Hometown: Andover, MA

Undergraduate: Bates College

Medical School: American University of Antigua College of Medicine

"I chose Heritage Valley because of its strong reputation of producing excellent, proficient family physicians in an unopposed setting. The faculty, fellow residents, and staff all have such a great camaraderie and it is something I knew that I wanted to be a part of immediately after my interview. I truly felt that I would enjoy working, learning, and growing as an individual and physician with these people over the next three years. I also appreciated that the program tailors your curriculum with the ability to pick/create your own TRAC that aligns with your own educational desires or interests."

Zachary Sheffler, DO



Hometown: Greensburg, PA

Undergraduate: Seton Hill University

Medical School: Lake Erie College of Osteopathic Medicine

"I chose the Heritage Valley Family Medicine Residency Program due to the interview experience, curriculum, and location. Faculty and residents were very welcoming and friendly at my interview. After discussing my goals, I was confident I would be able to achieve them there. I found the TRAC system unique and liked that I could tailor certain aspects of the curriculum. As a southwestern PA native, it was also important that I continue my education here and serve the community."

Dina Sidig, MD



Hometown: Khartoum, Sudan

Medical School: University of Science and Technology/Sudan

"On my interview day I was blown away by the camaraderie of the faculty, staff and residents, the passion they had for serving the community, and the incredible supportive environment. I love that the program is unopposed with a well-rounded curriculum; it challenges you to be the best physician and person you can possibly be while also being close to my family."



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HEALTH SYSTEM

PGY-3



Christopher D. Bell, MD

Hometown: Middletown, RI

Undergraduate: West Virginia University

Medical School: West Virginia University School of Medicine

"I chose Heritage Valley because they showed interest in me as a person, they have a good class size of residents, and the residents are like family. The location is very close to Pittsburgh where I live with my wife which was a major factor as well. Great program with wonderful attending physicians and co-residents! I would choose it again without a doubt."



Mitra Doty, DO

Hometown: Corpus Christi, TX

Undergraduate: Baylor University

Medical School: Philadelphia College of Osteopathic Medicine

"I knew I wanted to go to Heritage Valley right after my interview. No other experience compared to the one I had there. The residents and staff were genuinely good natured and warm-hearted. I found myself surrounded by people who valued good quality relationships with their patients and with each other. This environment honestly felt like home. Plus, the town was just so charming. Now, after a few short months of training, I've honestly gained so much knowledge and have come to understand no patient can be understood by a simple equation. They are all so multifaceted, and it has been with my attending physicians' and senior residents' support that I know now how to approach and treat such diverse patients. This program is wonderful."



Peter M. Johnson, DO

Hometown: Canfield, Ohio

Undergraduate: Clarion University of Pennsylvania

Medical School: Lincoln Memorial University – DCOM

"I chose Heritage Valley because it offers an unopposed training experience with opportunities to grow and progress into an excellent physician in the hospital and the clinic and to be able to pursue a particular track if interested. I was looking for a program that had a healthy environment where the faculty is devoted to teaching and guidance, and residents work well with each other. After spending time with The Heritage Valley Family Medicine Residency Program, I was sure I would have great training in an environment that promotes learning, having fun, and being part of a family."



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Jacob Martinez, DO



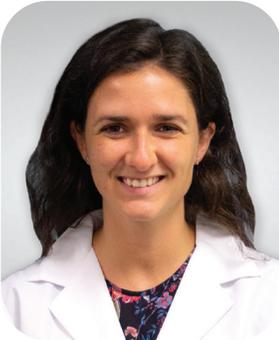
Hometown: West Deer, PA

Undergraduate: Westminster College

Medical School: Lake Erie College of Osteopathic Medicine

"I rotated at Heritage Valley as a medical student and what I noticed right from the get go was the positive relationships between faculty, staff, and the residents. The curriculum also allows flexibility to focus on a particular area of interest while also staying connected to the underlying values that is family medicine. There is a real sense of community here, and also a great donut shop right across the street."

Carolyn Murrer, MD



Hometown: Bethel Park, PA

Undergraduate: University of Michigan

Medical School: St. George's University School of Medicine

"I chose Heritage Valley because when I interviewed here I found the faculty, staff and residents to be super welcoming and approachable. Everyone seemed to enjoy working here and seemed to be passionate about family medicine. The program has a lot of resources and opportunities to learn. I also grew up in the greater Pittsburgh area so I was hoping for an opportunity to move close to home to help those in my community."

Ashka Patel, DO



Hometown: Corona, CA

Undergraduate: UC Irvine

Medical School: Lake Erie College of Osteopathic Medicine

"I chose Heritage Valley because of the people at this program. The faculty and residents are a tight knit group who really make this program what it is. Also being an unopposed program comes with a great deal of opportunities. The location of the program is in a small town not far from Pittsburgh which gives you the ability to work in a friendly community where you get to know your patients and easily go into the city during your time off."