



HERITAGE VALLEY

PODIATRIC SURGERY
RESIDENCY PROGRAM

2023 - 2024

Podiatric Surgery Residency Program



Alexandra Anain, DPM

Podiatric Medical School: Barry University, 2022

Undergraduate Education: Univeristy of Dayton, 2016

Interests: Sports Medicine, Wound Care, Ankle Replacements,
All things feet

Current Research: ---

Hobbies: Reading, Hunting, Skiing, Baking

In five years ... Working with my dad at his practice.



Emily Cleary, DPM

Podiatric Medical School: Des Moines University, 2023

Undergraduate Education: Western State Colorado University, 2016; Colorado
State University, 2018 (MSBS)

Interests: Sports Medicine, Wound Care, and Elective Podiatric Medicine

Current Research: Wound healing with skin graft subsitues

Hobbies: Hiking, Cooking, Reading, and True Crime

In five years ... Working in a well-rounded practice and enjoying life with my
family.



Jeffrey Gorenshtein, DPM

Podiatric Medical School: Des Moines University, 2021

Undergraduate Education: George Mason University, 2015

Interests: Getting people back on their feet and doing the activities they love
through Total Ankle Replacements, Deformity Correction, Peripheral Nerve
Surgery, and Orthoplastics

Current Research: Total Ankle Replacement and Sports Medicine

Hobbies: Rock Climbing, Yoga, Concerts, and Volunteering with the disabilities
community

In five years ... Enjoying the start of practice, hopefully near the mountains.



Leah Grossman, DPM

Podiatric Medical School: Kent State University College of Podiatric Medicine, 2023

Undergraduate Education: Indiana University of Pennsylvania, 2017

Interests: Sports Medicine, Foot & Ankle Reconstruction, Wound Care

Current Research: Rates of DVT in ankle arthrodesis versus total ankle replacement

Hobbies: Golf, Traveling, Painting

In five years ... Finished with a fellowship and practicing somewhere in the Pittsburgh area.



Saumil Mehta, DPM

Podiatric Medical School: Western University Of Health Sciences College of Podiatric Medicine, 2023

Undergraduate Education: Pennsylvania State University, 2016

Interests: Sports Medicine Surgery, Wound Care/Limb Salvage, Arthroscopy

Current Research: ---

Hobbies: Cooking, Making different sauces, Flying my drone, Playing hockey and tennis

In five years ... Owning a surgical private practice but hope to continue working with students and residents.



Emily Merriman, DPM

Podiatric Medical School: KSUCPM, 2021

Undergraduate Education: University of Dayton, 2016

Interests: Foot & ankle reconstruction, Lateral ankle instability, Trauma

Current Research: Incidence of OCD of the talus with clinical lateral ankle instability

Hobbies: Traveling, Riding roller coasters, Visiting national parks

In five years ... I hope to be practicing in the tri-state area of Ohio, West Virginia and Pennsylvania.



Sara Palmer, DPM

Podiatric Medical School: Des Moines University, 2022

Undergraduate Education: University of Iowa, 2017

Interests: Diabetic foot infections, Lateral ankle instability, Calcaneal fractures, and Hallux abducto deformity

Current Research: Partnered on a pepr: Association of Positive Anterior Drawer and Talar Tilt Sign with the Incidence of Osteochondral Lesions of the Talus Found on MRI

Hobbies: Cycling, Peloton, Taking the dog for walks in different parks, Boating, Traveling in and out of the country

In five years ... I think I would like to be at a Private Practice or a multi-specialty group somewhere in the Midwest near my family.



Chelsae Snyder, DPM

Podiatric Medical School: Scholl College of Podiatric Medicine, 2022

Undergraduate Education: The Ohio State University, 2018

Interests: Achilles tendon pathology, minimally invasive surgical techniques, flatfoot reconstruction

Current Research: ---

Hobbies: Exploring the outdoors with my dog, Going on the Peloton, Enjoying the ambiance at Mario's Dockside, Spending time with friends and family

In five years ... Living in the Pittsburgh area alongside my husband with a successful career in foot and ankle surgery.



Ilham Syed, DPM

Podiatric Medical School: Des Moines University, 2021

Undergraduate Education: Trinity University, 2015

Current Research: COVID-19 and the Impact on Lower Limb Amputation

Hobbies: Reading, Traveling, Baking, Going to Target

In five years ... In a small group practice back in Texas.