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**HERITAGE VALLEY**  
**HEALTH SYSTEM**

# Know Before You Go

## Where to go for Medical Care at Heritage Valley Health System

When you have questions or concerns about your health, you have options with Heritage Valley Health System. Visit a provider that matches the severity of your medical condition. ***If you have a life-threatening health concern, please call 911 or go to the nearest Emergency Department.***

### ConvenientCare Walk-in Clinics

Staffed by Nurse Practitioners, ConvenientCare clinics are appropriate for minor medical concerns that are not life threatening. We see patients ages 18 months and older.

If your physician's office is closed or you cannot wait for an appointment, our ConvenientCare staff can help.

#### Consider visiting a ConvenientCare clinic for:

- Cold, flu, fever or minor respiratory symptoms
- Ear flushes
- Immunizations (Tdap, MMR, Flu, Hep A/B, Pneumonia, Shingles, Covid)
- Mild to moderate back pain
- Minor cuts or burns
- Muscle strains and sprains
- Non-Routine Physical Exams (DOT, Driver's License, Sports, Pre-Employment)
- Pink Eye
- Pregnancy testing
- Rashes or skin conditions
- Seasonal allergies and asthma
- Sore throat, earache and/or sinus pain
- Sutures/Staples
- Urinary Tract Infection (UTI)

***No appointments are needed, and wait times vary depending on volume.\****

### Primary Care Physician

Your PCP knows you best. Call with any new concerns.

#### Consider seeing your Primary Care Physician for:

- General health issues
- Preventive care
- Routine check-ups
- Immunizations and screenings

***Appointments are needed, and wait times in offices will vary. Download the HVHS app and create a "My Care Link" account to schedule same-day sick appointments with your PCP.***

### Emergency Departments

Emergency Departments are typically best used for immediate treatment of serious injuries or illnesses and are open 24 hours/day, 7 days/week. Heritage Valley's three Emergency Departments are located within Heritage Valley Beaver, Heritage Valley Kennedy and Heritage Valley Sewickley hospitals.

#### Consider going to the Emergency Department for:

- Blurry vision or loss of vision
- Chest pain
- Confusion
- Head injury/Major trauma
- Overdose
- Seizure or loss of consciousness
- Severe cuts or burns
- Shortness of breath
- Sudden numbness and/or weakness in extremities
- Syncope (Fainting)
- Uncontrolled bleeding

***No appointments are needed, and wait times vary depending on volume.\****

*This material is provided for general educational purposes and is not intended to provide medical advice. Lists are not all-inclusive.*



\*By downloading the Heritage Valley app (iHVHS for iPhones and aHVHS for Androids) and clicking on the "Activity" icon, you can see how many patients are currently at Heritage Valley's Emergency Departments, ConvenientCare locations and outpatient service facilities.