



HERITAGE VALLEY

FAMILY MEDICINE RESIDENCY PROGRAM

Community Outreach - Community Events:

Walk with a Doc - In partnership with the Beaver County YMCA, we are one of over 400 chapters worldwide! Residents give a brief presentation on a health topic and then lead participants on a walk at their own pace while answering a variety of medical questions from the participants.

Beaver County Drug Abuse Coalition - While on their Community Medicine rotation, residents participate in the monthly meetings of the Drug Abuse Coalition. Through the efforts of this coalition, Beaver County has seen a 50% reduction in deaths from drug overdose in the last 2 years.

"Ask a Doc" - Utilizing our "Ask a Doc" booth residents participate in a number of local events including the Beaver Falls Spring Festival, Heritage Valley Health Fairs, "What's on Your Plate" Food and Wellness Expo and many more. We answer a variety of medical questions and distribute educational information on the services we provide.

Local School Sex Education - A comprehensive high school health education curriculum that addresses physical, mental, emotional and social dimensions of human sexuality and is designed to motivate and assist students to prevent disease and reduce sexual health-related risk behaviors

Puberty/Hygiene Education - An educational curriculum for 4th and 5th grade students that summarizes the physical and emotional changes that occur during puberty and reviews necessary modifications in hygiene practices that result from pubertal changes.

School/Sports Physicals - Residents and faculty perform over 500 free physicals annually to low income students in our community.



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Community Outreach - Service Projects:

We perform at times service project with local community organizations and here are some examples:

Tiger Pause - A local non-profit organization that cultivates community by offering holistic programs to Beaver County's young people and their families. They seek to equip and empower individuals within our disadvantaged neighborhoods. We have worked with them on restoring abandoned buildings by painting and installing flooring, cleaning up the local neighborhood and putting together emergency response preparedness kits.

The Cornerstone - A local non-profit organization that provides a variety of programs serving individuals and families who are homeless or at risk of becoming homeless. We have participated in the Homeless Outreach Teams by driving throughout Beaver County handing out care packages and information to homeless individuals.

Villa St. Joseph's Geriatric Center - Participated in holiday celebrations at the Center and bought presents for residents who had no family, bringing joy to them during the holiday season.

Winter Clothing Drive - Collected hats, gloves, scarves, mittens, and jackets for needy members of our community.